

Virtual connections amidst social distancing Digi Swasthya (TeleMedicine Centre)

The pandemic has made us adapt to a new normal, it has been a show stopper; but at the same time it has been the best teacher with so many positive learnings. Patients and caregivers learnt the best way to use their smart phones by connecting themselves with their primary treating physicians. Teleconsultation was never a new terminology, but it was not legally allowed and effectively used. With right help and guidance for set up and it could reach to many people around one district. The concept was a boon as it helped patients and caregivers to get right medical advise in short time. In the long run it will help a lot of their out of pocket expenses. Digi Swasthya has set a benchmark in a remote village of India where at times to have a Physician is a challenge. Once a platform like this is created it is easy to replicate and if it is done successfully it will be a big help for people staying in remote villages. The main centre can be the hub and all the various set ups can become the scope.

Digi Swasthya (TeleMedicine Centre)

In July 2020, Sandeep Kumar, a Ewing Sarcoma Survivor and active member of the Spandan Support group started with an innovative idea of a telemedicine centre at Sant Kabir Nagar district in his village, Uttar Pradesh, India. The idea behind this was primary healthcare check-up along with treatment guidance, right diagnosis and also right information & expert opinion.

Inception date: July 2020 and with the support wish to continue for lifelong.

Objective: Good quality healthcare facility for people which was denied due to travel restriction. The idea was not to delay their treatment and also provide good medical advise to improve their quality of life.

Referral pathways: A proper pathway for their treatment is structured. Discussion with their treating doctor about their line of treatment and better care. Also with hospital medical social worker about their financial assistance, nutritional & accommodation support and referral to a specialist if needed.

Second/expert opinion: the Digi Swasthya online second opinion program provides important medical care decisions. It helps to connect with HCP without having to move or travel to the city. Oncologist consultation: It helps to

arrange call with an oncologist who can provide consultation & advice on cancer/sarcoma treatment.









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